

# Newsletter

April 2022



## Membership

## Why become a member

**Become a member.**

**Its time to renew your membership. We want members to be the heart of Equality Action and help us promote equity and diversity.**

**Existing members will be sent membership renewal forms via email. If you are interested in becoming a new member or finding out how you can become involved in our work please get in touch with us.**



**Support us in promoting equity and diversity**



**Get regular updates**



**An invite to our events**



**Have a say in our projects and work**

## Annual Public Lecture

**We are delighted to be holding our annual Public Lecture On Tuesday 10th May 2022 (7pm-8:30pm) In conjunction with Loughborough University Guest Speaker Toby Lewis-Senior Fellow at the Kings Fund Topic "Health and Inequalities"**

**What are health inequalities?**



[kingsfund.org.uk/publications](https://kingsfund.org.uk/publications)

Save the date, further details to follow

## Casework

**We continue to support clients and beneficiaries with a range of services.**

**Providing interpretation services in Bengali, Gujarati & Punjabi where necessary to access services**

**Online and face to face support to access services for benefits, debt, immigration, housing and other matters**

**Health & Wellbeing activities and referrals to appropriate services**

**Referring and signposting for specialist support**

**Advising on COVID-19 guidance and health matters**

**Upskilling and improving life opportunities**

All Different All Equal

# Positive Minds Project

Following a very quiet and uncertain period over December and January due to the Omicron variant,

we are pleased to see an increase in people wanting to engage with our projects and activities.



Women only swimming



Yoga



Chair based exercise



Walking groups



Learning English and other skills

# Vita Minds Project

Our exciting Vita Minds Project started in April 2021 and is aimed at Improving Access to Psychological Therapies (IAPT) service and its reach within the BAME community for people in Leicester, Leicestershire & Rutland.

We run wellbeing, physical activity and skill based sessions throughout the county to engage with different communities and raise awareness of VitaMinds and the IAPT Service. We have also made over 65 referrals during the last 9 months to the IAPT services.



## We are recruiting - Financial Administrator

Join The Team



We are looking to recruit a part time Financial Administrator (7 hours per week).

The successful candidate must have experience of SAGE payroll and accounting (Charity version) or similar accounting packages.

For an application pack please contact us on 01509 261651 or email [contact@equalityaction.org.uk](mailto:contact@equalityaction.org.uk)

## A massive thank you to our funders



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# All Different All Equal